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INSTITUTO NACIONAL DE ESTATÍSTICA
STATISTICS PORTUGAL

DIISTAQUE

PRESS RELEASE

17 July 2026
VITAL STATISTICS – MONTHLY DATA
June 2026

MORTALITY DECREASED 0.1% IN THE FIRST HALF OF 2026 COMPARED TO THE SAME PERIOD IN 2025

In June 2026, there were 8,755 deaths, 708 less (-7.5%) than in the previous month. Compared to the same month of 2025, there was a decrease of 369 deaths (-4.0%). The number of deaths of children under 1 year of age was 15, six less than in June 2025.

In May 2026, 7,221 live births were registered, 226 more (+3.2%) than in April 2026, but 153 less (-2.1%) compared to the same month of 2025.

In May 2026, the natural balance was -2,213[1], having improved in relation to the same month of 2025, when it reached -2,256.

In May 2026, 3,800 marriages were celebrated, 1,526 more (+67.1%) than in April 2026, but 105 less (-2.7%) than in May 2025.

In this press release, Statistics Portugal provides **preliminary data** on the number of deaths per month until June 2026[2], and the number of live births and marriages per month until May 2026, that occurred in national territory. The indicators published and analyzed are available on the Official Statistics Portal (www.ine.pt), with geographical breakdowns NUTS 2 and NUTS 3. The hyperlinks to these statistics can be found in the Excel file published together with this Press Release. The information is obtained from the Sistema Integrado do Registo e Identificação Civil (SIRIC) until July 10th, 2026.

[1] The natural balance is calculated based on the difference between the number of live births of mothers residing in Portugal and the number of deaths of residents in Portugal.

[2] After the release of mortality data for 2022 and considering the decrease of the impact of deaths due to COVID-19 on mortality, the analysis regarding the number of deaths per week was suspended. However, the release of indicators regarding the number of weekly deaths, by NUTS 3 breakdown, until the 27th week of 2026, and daily deaths, by NUTS 2 breakdown, until July 5th, 2026, is assured.

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ISSN 2184-4534

1. IN JUNE 2026, THE NUMBER OF DEATHS DECREASED 4.0% COMPARED TO THE SAME MONTH OF 2025

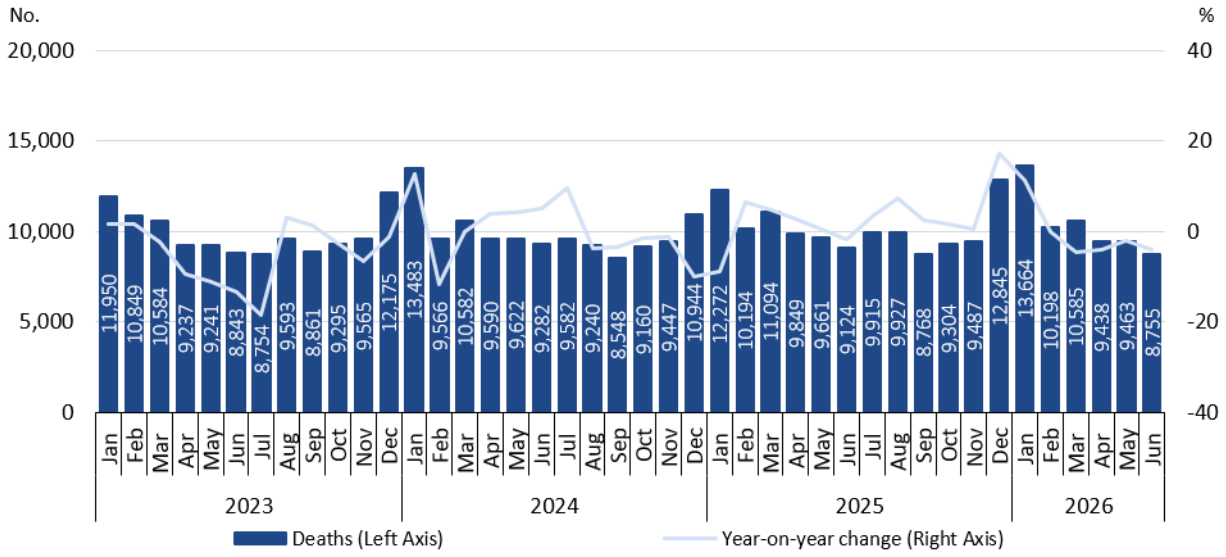
In June 2026, there were 8,755 deaths (of which, 52 were from residents abroad), 708 less (-7.5%) than in the previous month. Compared to the same month of 2025, there was a decrease of 369 deaths (-4.0%).

In that month, the number of deaths of children under 1 year old was 15 (all of them born to mothers residing in Portugal), three less than in the previous month and six less than in June 2025.

In the first half of the year, there were 62,103 deaths in national territory (91 less than in same period of 2025), of which 115 were deaths of children under 1 year of age (109 in 2025).

Figure 1

DEATHS AND YEAR-ON-YEAR CHANGE, JANUARY 2023 TO JUNE 2026



ISSN 2184-4534

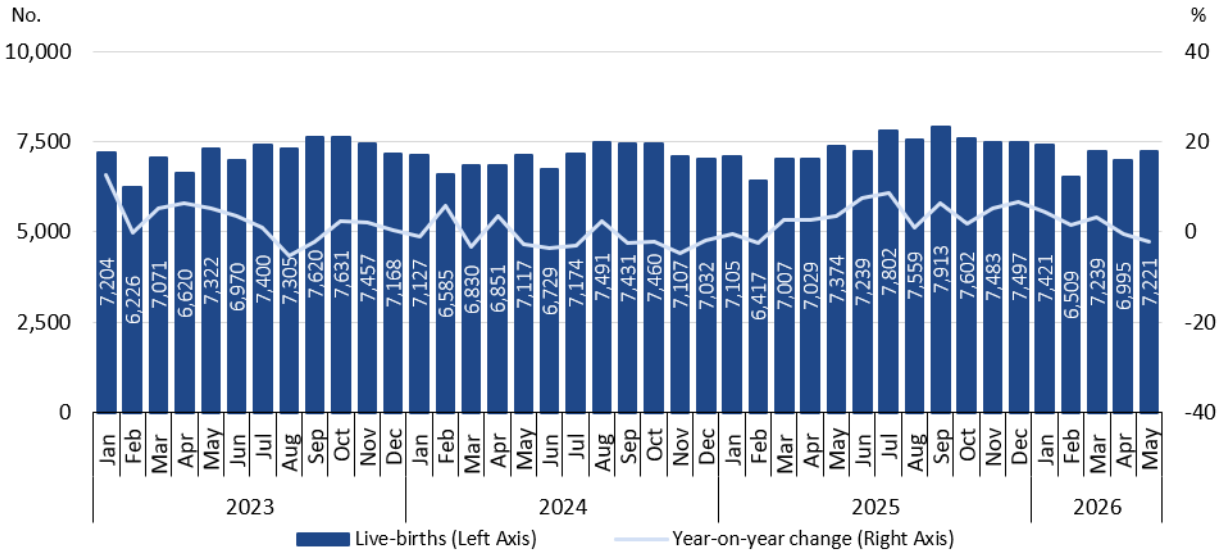
2. IN MAY 2026, THE NUMBER OF LIVE BIRTHS DECREASED 2.1% COMPARED TO MAY 2025

In May 2026, there were 7,221 live births (of which, 15 were born to mothers residing abroad), corresponding to an increase of 3.2% (226 more) compared to April 2026, but to a decrease of 2.1% (153 less) compared to the same month of 2025.

In the first five months of 2026, 35,385 live births were born in national territory, 453 more (+1.3%) than in the same period of 2025, of which 93 were born to mothers residing abroad (102 in 2025).

Figure 2

LIVE BIRTHS AND YEAR-ON-YEAR CHANGE, JANUARY 2023 TO MAY 2026



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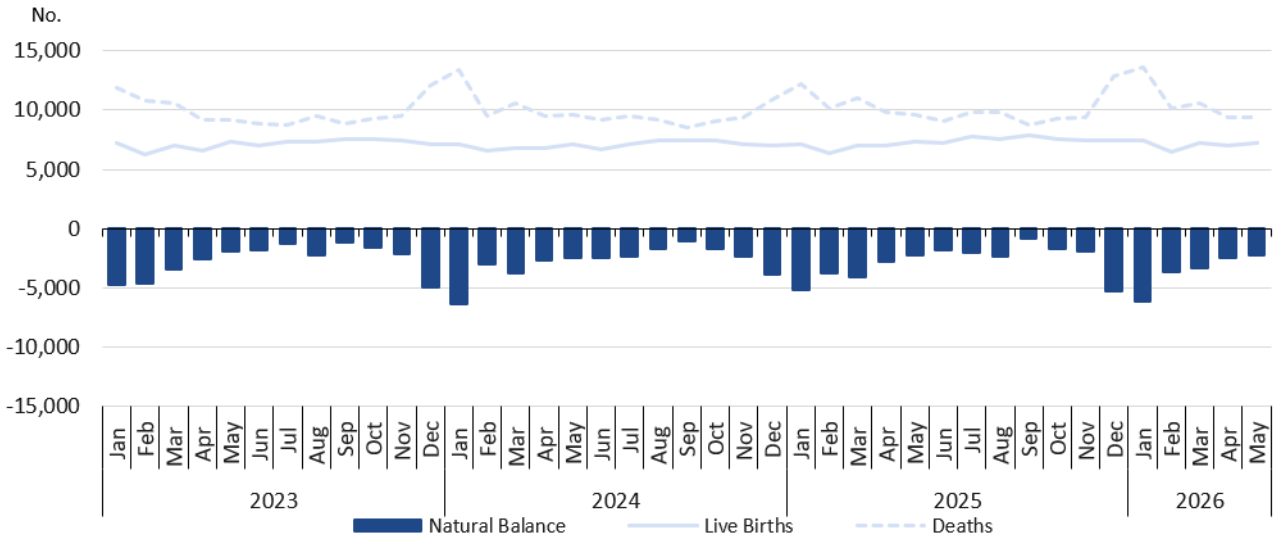
3. NATURAL BALANCE OF -2,213 IN MAY 2026

In May 2026, the natural balance registered the value of -2,213, having improved compared to the figure of April 2026 (-2,418) and compared to the same month of 2025 (-2,256).

From January to May 2026, the cumulative value of the natural balance was -17,821, improving in relation to that registered in the same period of 2025 (-18,012).

Figure 3

LIVE BIRTHS, DEATHS, AND NATURAL BALANCE, PORTUGAL, JANUARY 2023 TO MAY 2026



Note: The natural balance is calculated based on the number of live births of mothers residing in Portugal and the number of deaths of residents in Portugal.

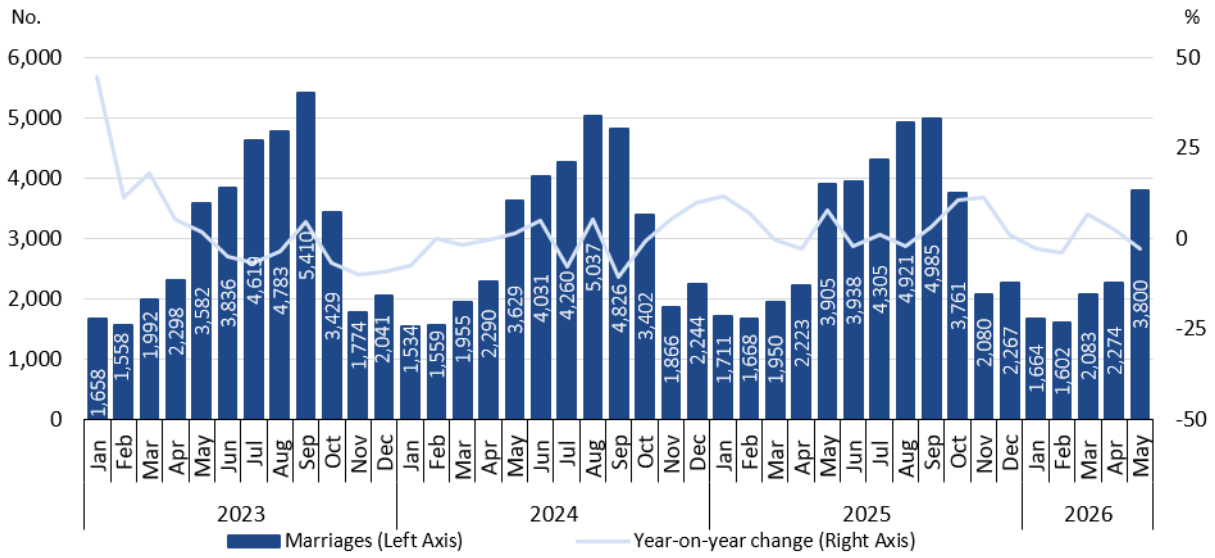
4. IN MAY 2026, THE NUMBER OF CELEBRATED MARRIAGES DECREASED 2.7% COMPARED TO MAY 2025

In May 2026, 3,800 marriages were celebrated, higher than the number registered in April 2026 (1,526 more; +67.1%), but lower than registered in May 2025 (105 less; -2.7%).

In the first five months of 2026, 11,423 marriages were celebrated, 34 less (-0.3%) than in the same period of 2025.

Figure 4

MARRIAGES AND YEAR-ON-YEAR CHANGE, JANUARY 2023 TO MAY 2026



ISSN 2184-4534

TECHNICAL NOTE

Statistics Portugal releases the **preliminary** monthly **numbers** of deaths, live births, and marriages based on the information registered in the Civil Register Offices until July 10th, 2026. Indicators on the preliminary monthly number of live births, deaths, and marriages, from January to May 2026, with geographical breakdowns up to NUTS 3, by NUTS 2024, as well as weekly number of deaths, until the 27th week of 2026, by NUTS 3 and daily number of deaths, until July 5th, 2026, by NUTS 2 are made available on the Statistics Portugal Website.

Data are obtained from statistical operations of direct and exhaustive collection on live births, deaths and marriages in Portuguese territory using facts that are subject to compulsory civil registration (birth and death) in the Sistema Integrado do Registo e Identificação Civil (SIRIC).

In addition to administrative information obtained from Civil Register Offices, Statistics Portugal collects an additional set of variables identified as statistically pertinent to the National Statistic System (NSS) and the European Statistical System (EES).Data is recorded and sent electronically, in compliance with the requirements set out by Statistics Portugal and laid down in liaison with the Instituto de Registos e Notariado (IRN) and the Instituto de Gestão Financeira e Equipamentos da Justiça (IGFEJ).

CONCEPTS

Marriage: Contract signed by two persons that intend to start a family in full partnership and cohabitation according to legislation. Note: marriage can be held between persons from different or same sex.

Live birth: This is the complete expulsion or extraction from the mother's body, irrespective of the duration of the pregnancy, of a product of fertilization that, after separation, breathes or shows any other signs of life, such as a beating of the heart or umbilical cord or actual contraction of any muscle subject to voluntary movement, whether the umbilical cord has been severed and whether the placenta is retained.

Death: The permanent disappearance of vital functions.

Natural balance: The difference between the number of live births and the number of deaths during a given period.

Year-on-year change: The year-on-year change compares the level of a variable between the reference month and the same month of the previous year.

Next Press Release – 14 August 2026