



90.6% OF HOUSEHOLDS WITH INTERNET ACCESS AT HOME

In 2024, 88.5% of the population aged 16 to 74 years were internet users¹

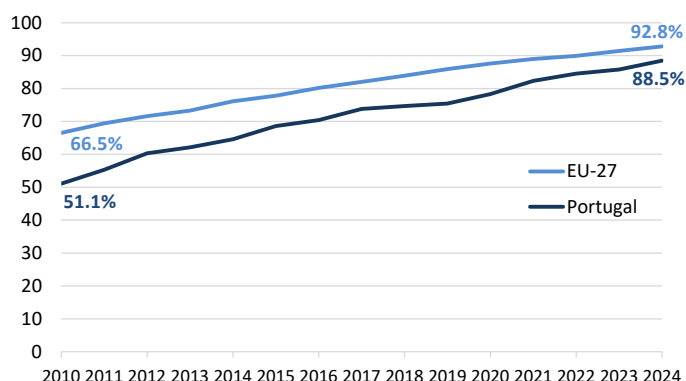
- communicating and accessing information continued to be the main activity carried out by internet users
- 82.5% of users use equipment or systems connected to the internet (Internet of Things), especially entertainment equipment such as television (72.2%) and game consoles (26.0%)

90.6% of households in Portugal had internet access at home

- the lack of knowledge for use, the high cost of access and equipment and the little utility or interest were the main reasons given by families for not having access to the internet at home.

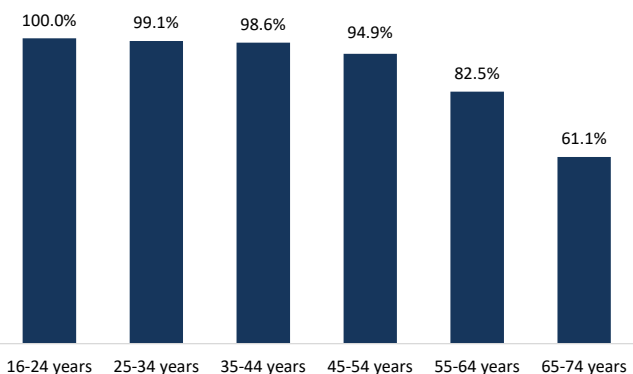
In 2024, **88.5%** of the resident population aged 16 to 74 years used the internet in the 3 months prior to the interview

The proportion of internet users in Portugal remains lower than the European Union average (EU-27), despite the convergence trajectory



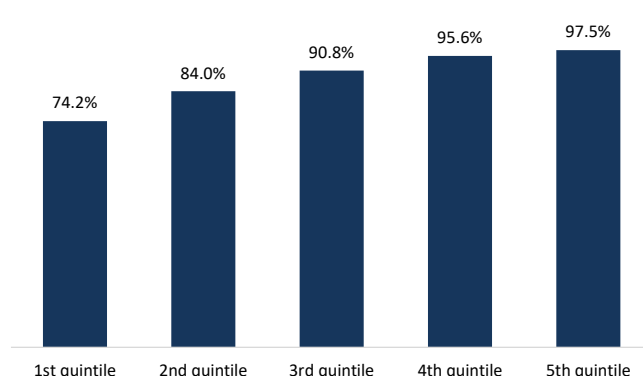
Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#). Eurostat.

Internet use is universal up to 24 years of age, tending to decrease as age increases



Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#).

The rate of users (people aged 16 to 74) tends to increase to higher income levels



Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#).

¹ Individuals aged 16 to 74 years used the internet in the 3 months prior to the interview



Internet activities	2022	2024
	%	
Communication		
Using instant messaging	91.8	93.3
Sending / receiving e-mails	87.9	86.7
Making calls (including video calls)	81.5	84.2
Participating in social networks	79.0	79.6
Create or post content to a blog	5.8	5.6
Accessing information		
Finding information about goods or services	86.1	87.9
Reading news sites/newspapers/magazines	81.8	82.1
Entertainment		
Listen to music	69.5	71.7
Watch TV	45.2	49.8
Playing or downloading games	37.1	39.5
Learning		
Using online learning material other than a complete online course	32.4	33.1
Communicating with instructors/students using educational portals	32.5	27.5
Doing an online course	19.1	18.9
Civic/Political Participation		
Expressing opinions on civic/political issues	19.7	19.6
Participating in consultations/voting about civic/political issues	11.8	13.2
Services		
Using banking services	68.0	71.8
Selling goods or services	10.9	14.5

Communicating and accessing information are the main activities carried out by internet users²

- **93.3%** exchanged instant messages
- **87.9%** searched for information about products or services
- **86.7%** sent or received e-mails

19.6% expressed an opinion on civic or political issues

13.2% participated in consultations/votes on these issues

Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#).

In 2024, **82.5% of internet users used equipment or systems connected to the internet** (in 2020, it was 70.5%)

75.7% Entertainment equipment

72.2% Internet-connected TV

26.0% Internet-connected game console

41.6% Personal use equipment

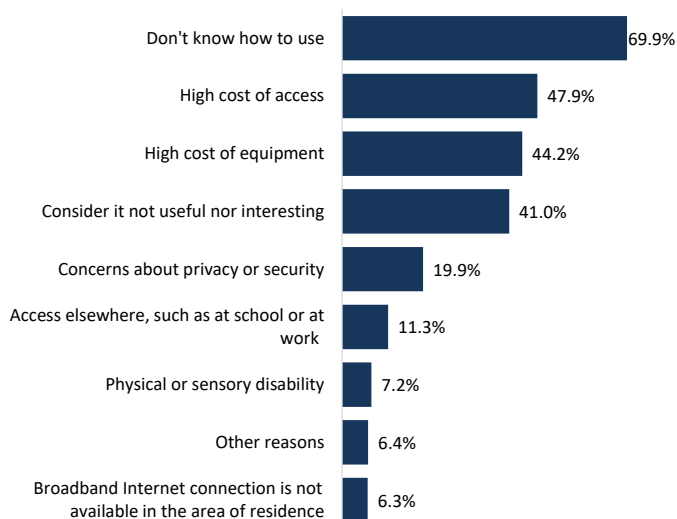
34.8% Smart watch, a fitness band, connected goggles or headsets, safety-trackers, internet-connected accessories, internet-connected clothes or shoes

27.1% Home equipment

Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#).

In 2024, **90.6% of households in Portugal had internet access at home**

The lack of knowledge for use, the high cost of access and equipment, and little utility or interest were the main reasons given by families for not having access to the internet at home



Source: Statistics Portugal, [Survey on ICT Usage in Households and by Individuals](#).

² Individuals aged 16 to 74 years used the internet in the 3 months prior to the interview