



INSTITUTO NACIONAL DE ESTATÍSTICA
STATISTICS PORTUGAL

» BALANÇA ALIMENTAR PORTUGUESA

Padrão das disponibilidades
alimentares 2012-2016



Departamento Estatísticas Económicas

 (21/04/2017)



Metodologia



Recursos

- Produção
- Importação
- Existências Iniciais

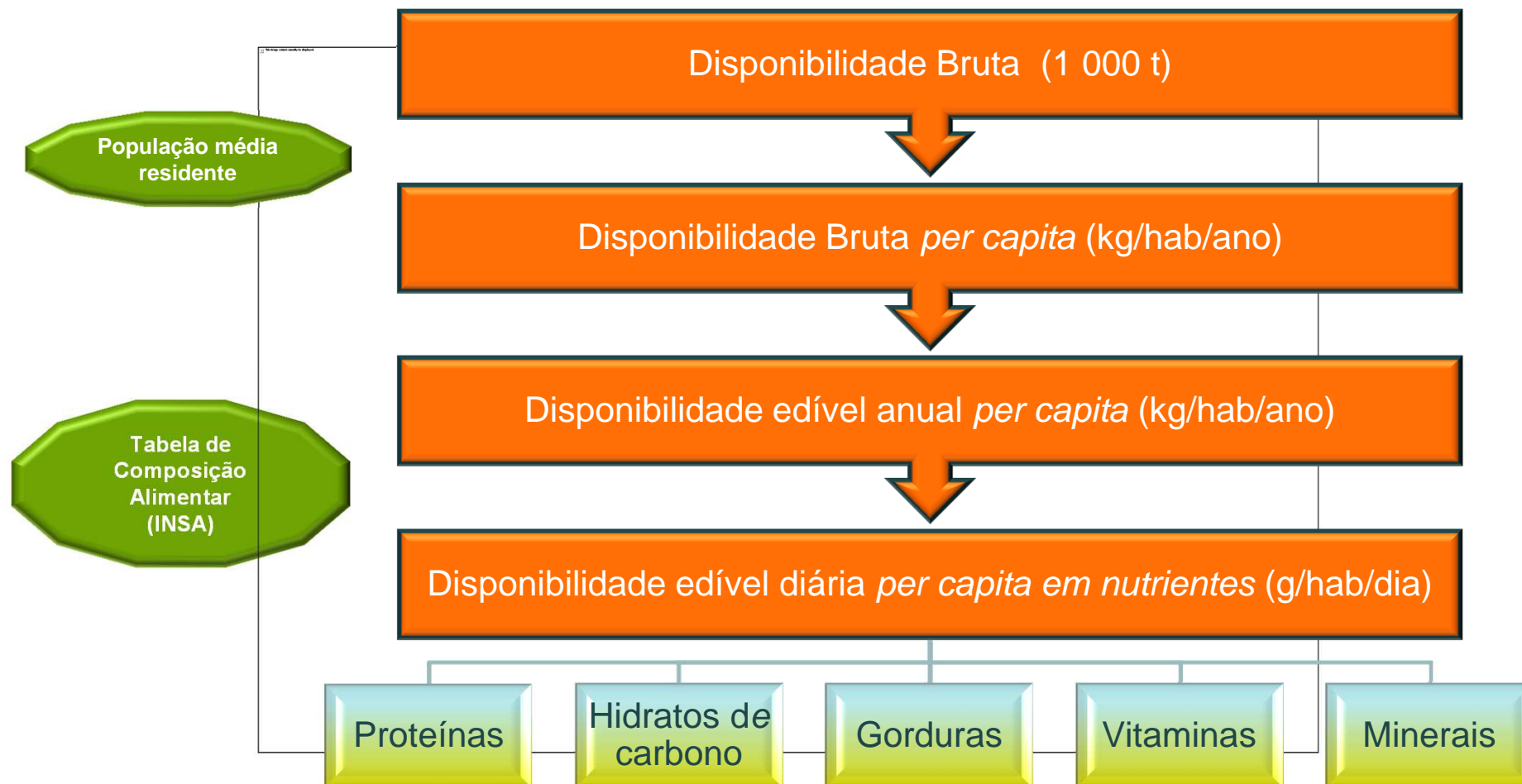


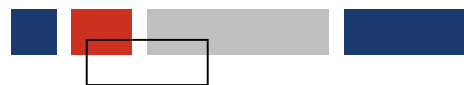
Empregos

- Exportação
- Sementeira/Incubação
- Alimentação Animal
- Transformação e utilização industriais
- Perdas
- Existências Finais
- Consumo Humano



Metodologia





Fontes de informação

*"collect once,
use many times"*

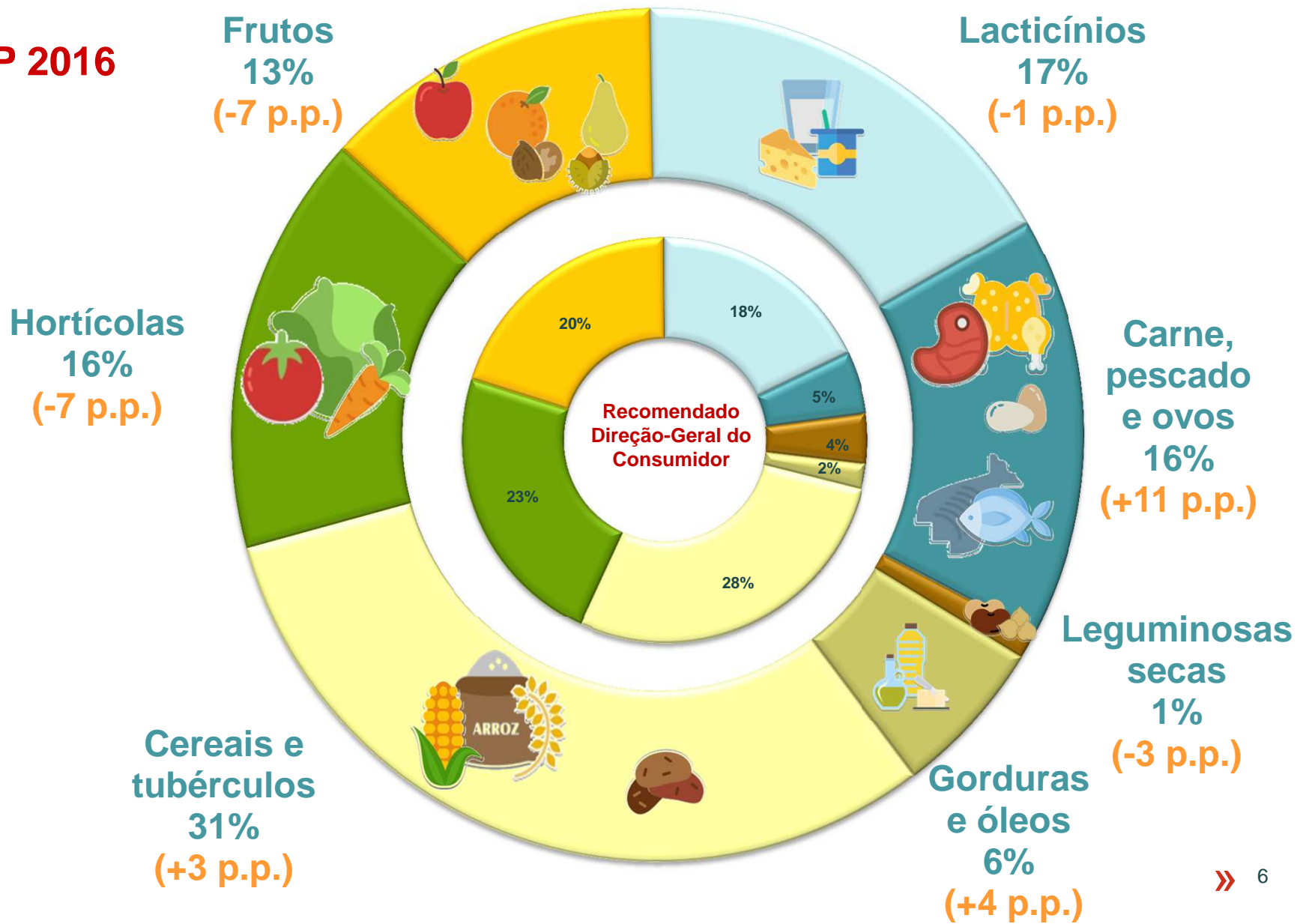


Principais Resultados



Roda dos Alimentos e Balança Alimentar Portuguesa

BAP 2016

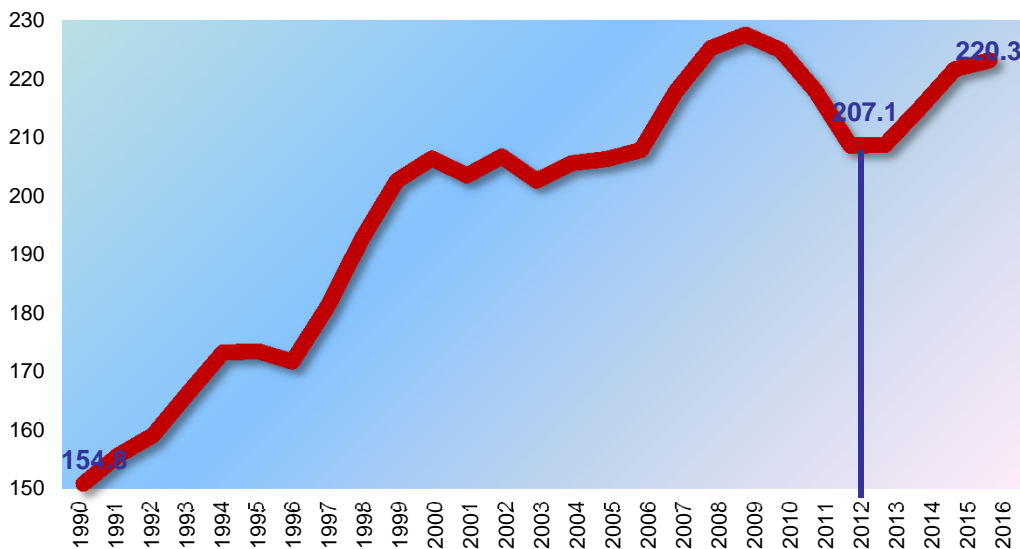


Carne

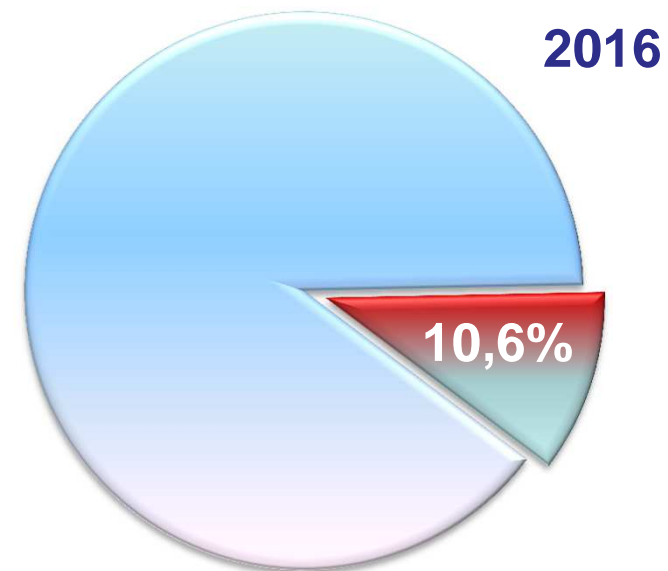


Média 2008-2011			2012	Média 2013-2016		
g/hab/dia				g/hab/dia		
221,0	-6,3%	▼	207,1	+3,7%	▲	214,8

g/hab/dia

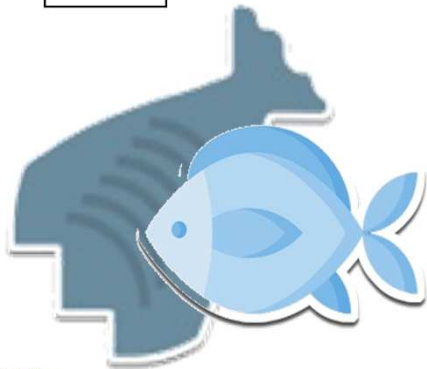
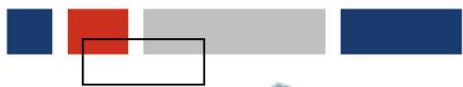


Contributo calórico diário/hab



- ❑ 3º maior fornecedor de energia
- ❑ 38,7% animais de capoeira

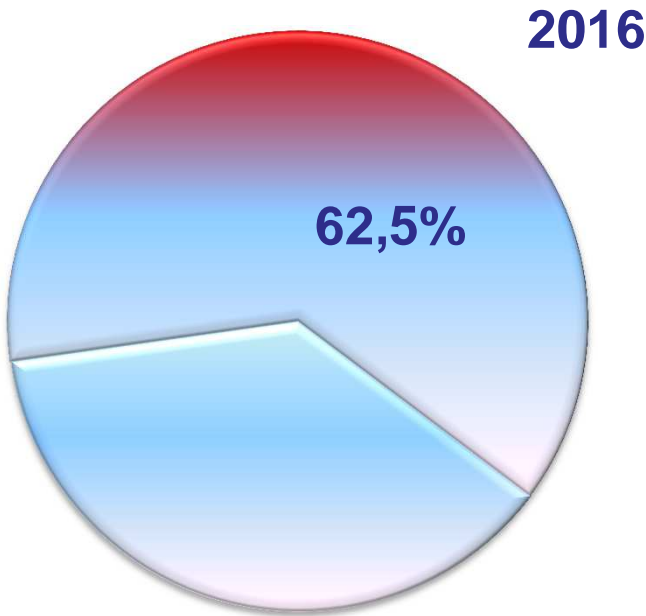
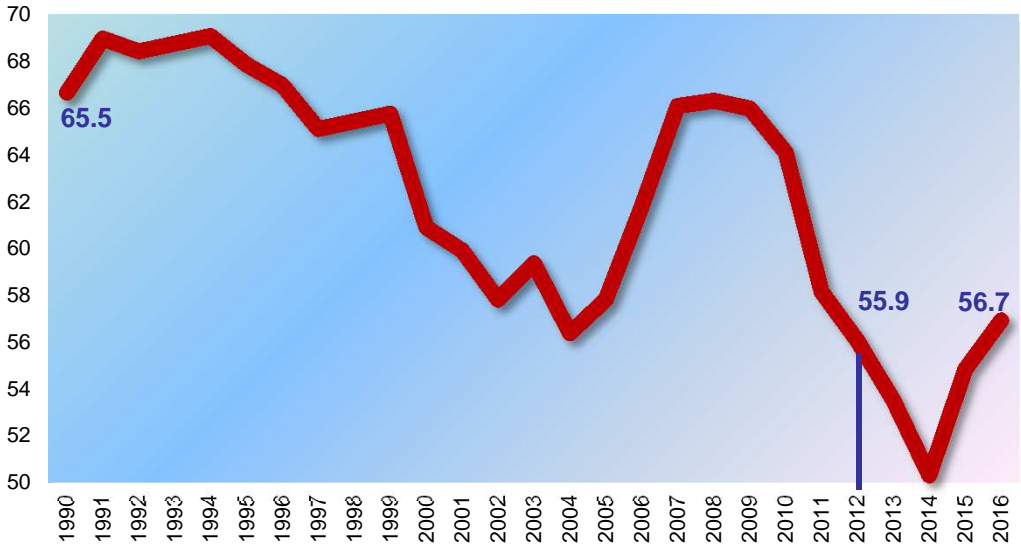
Pescado



g/hab/dia

Média 2008-2011		2012	Média 2013-2016	
g/hab/dia			g/hab/dia	
62,8	-11,0%	55,9	-3,5%	54,0

Contributo diário de Vitamina D/hab



18,8% Bacalhau e outros peixes secos, salgados ou fumados

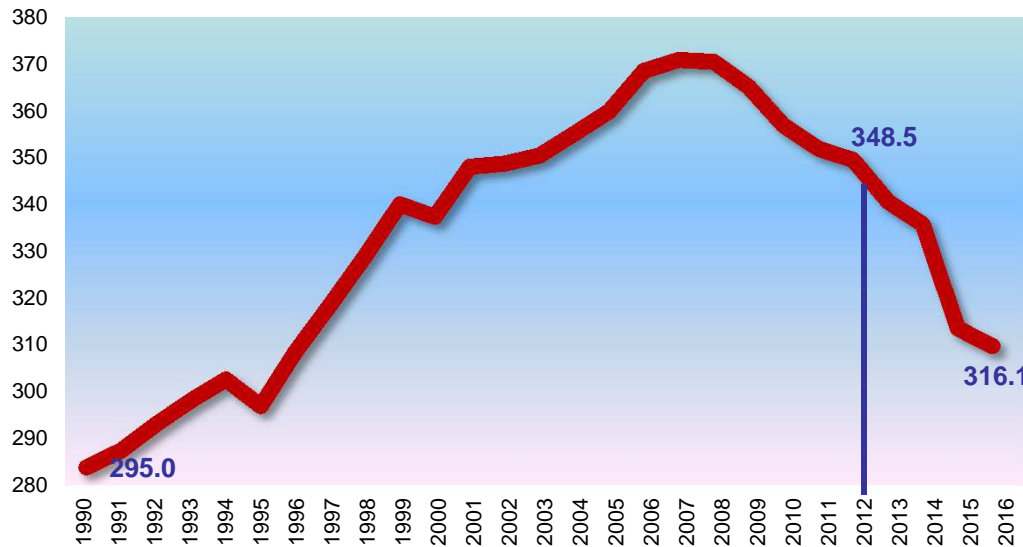


Leite e derivados

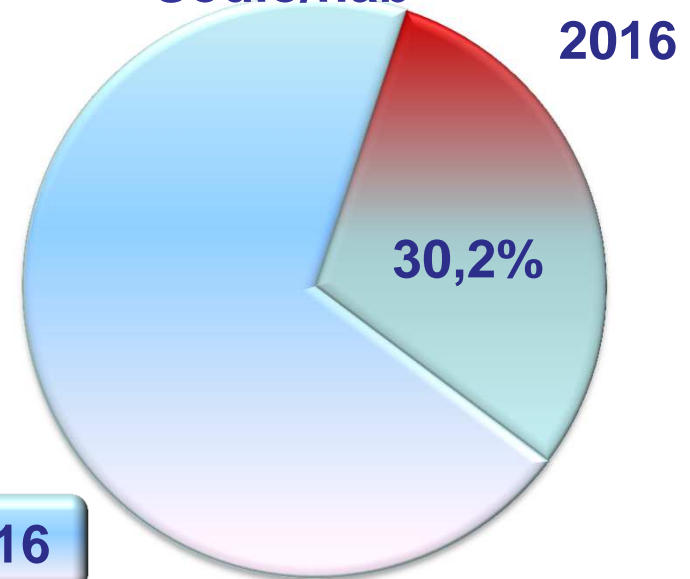


g/hab/dia

Média 2008-2011			2012	Média 2013-2016		
g/hab/dia				g/hab/dia		
358,0	-2,7%	▼	348,5	-5,7%	▼	328,5



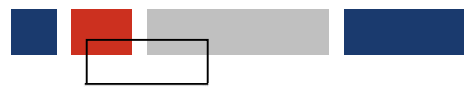
Contributo diário de Sódio/hab



Taxas médias de variação anual em 2012-2016

□ -2,4% Leite

□ +4,6% Queijo

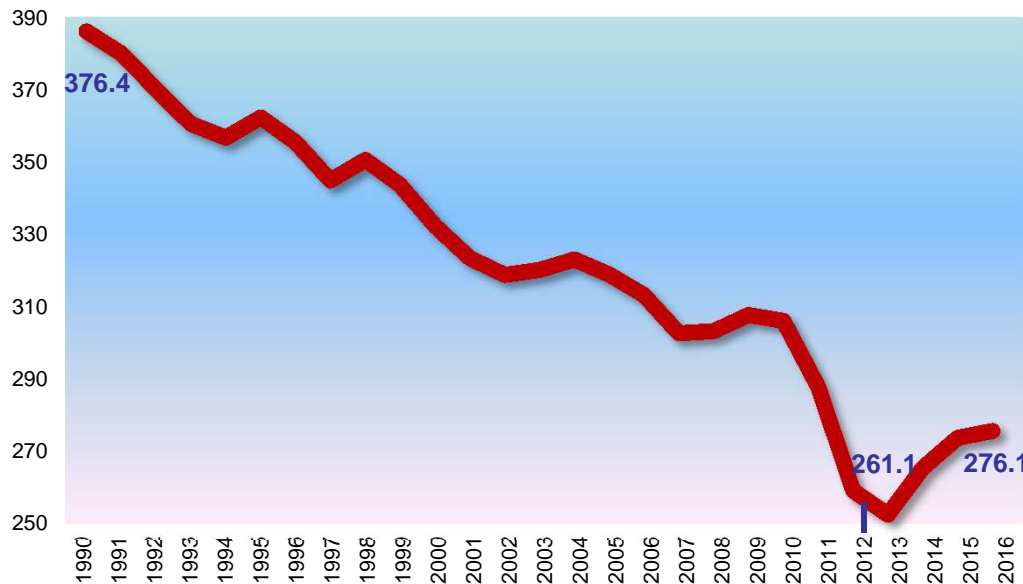


Bebidas alcoólicas

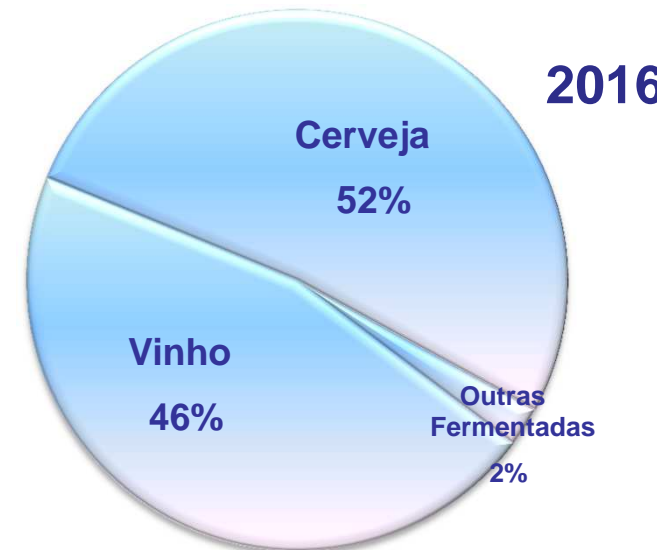


Média 2008-2011		2012	Média 2013-2016	
ml/hab/dia			ml/hab/dia	
299,3	-12,8%	261,1	+2,7%	268,1

ml/hab/dia



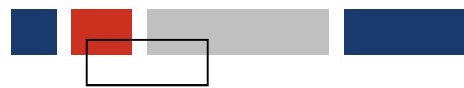
Contributo calórico diário/hab



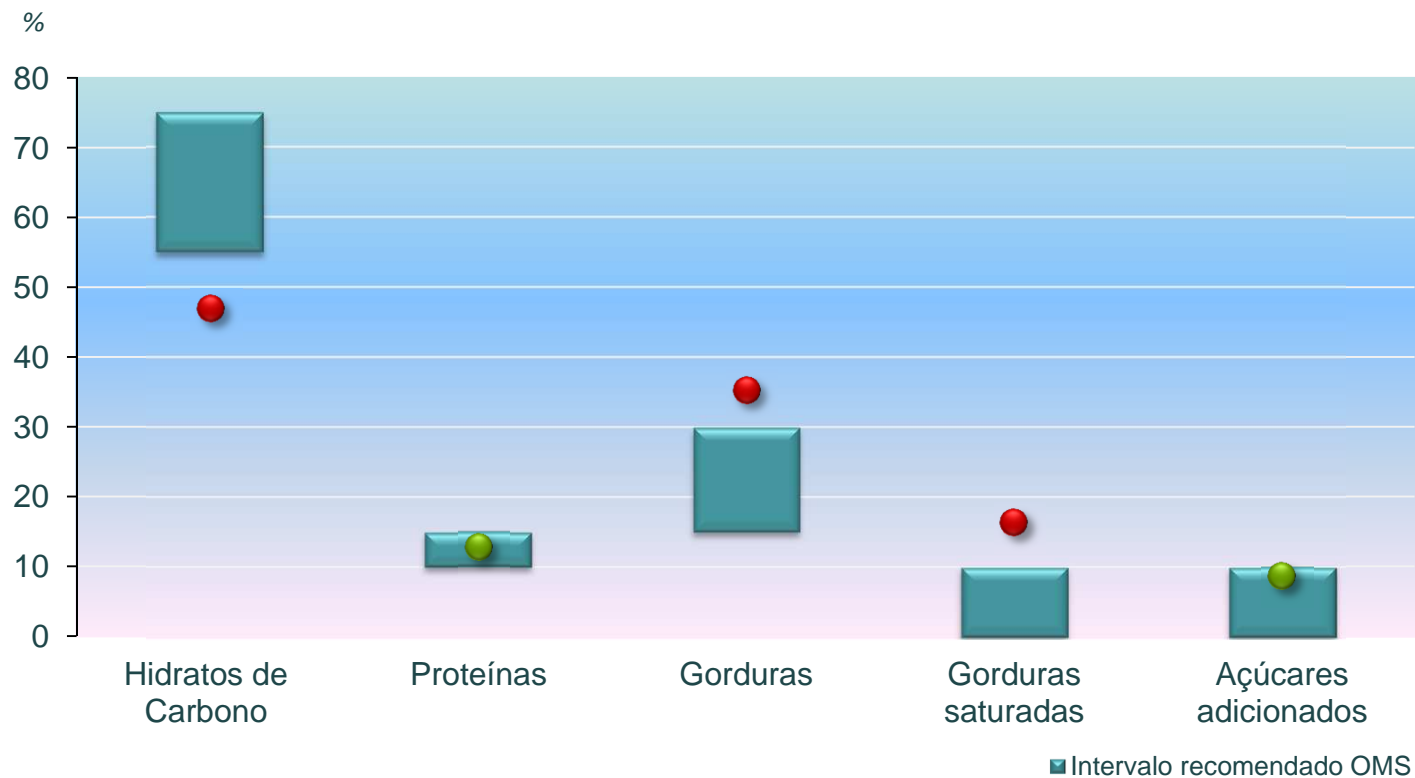
2012-2016

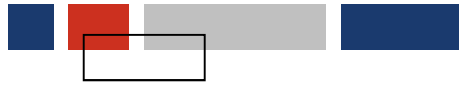
-9,1 l vinho/hab/ano

-10,5 l cerveja/hab/ano

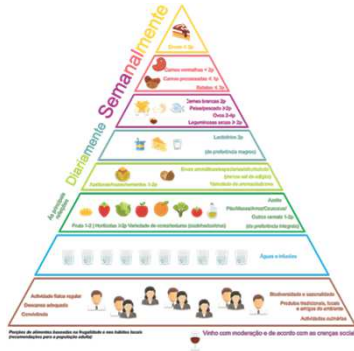


Contribuição para o aporte calórico



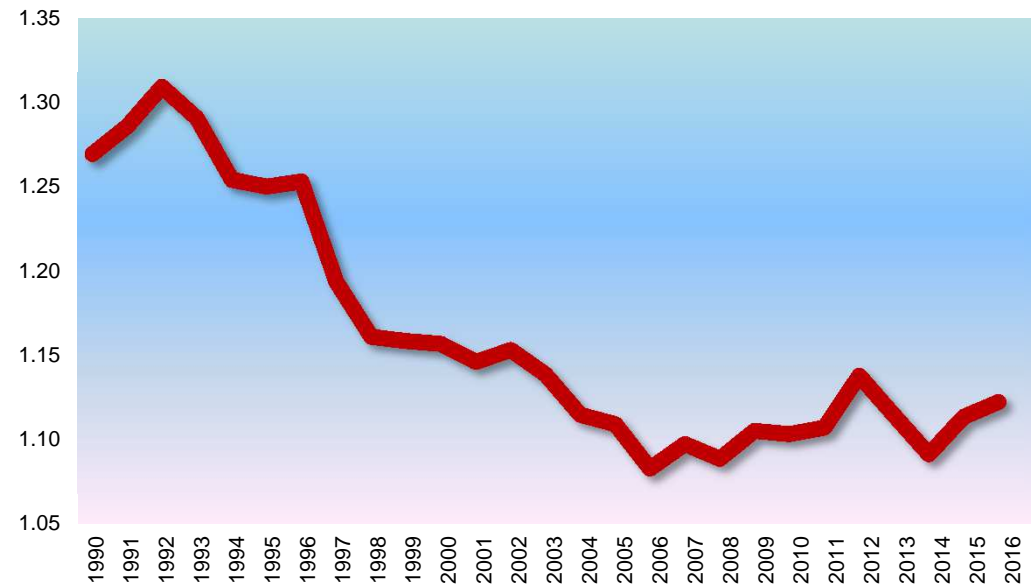


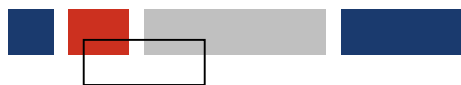
Dieta Mediterrânea



Afastamento das disponibilidades alimentares para consumo em relação ao padrão da Dieta Mediterrânea

Índice de adesão à dieta mediterrânea





O INE agradece o convite Obrigado pela atenção

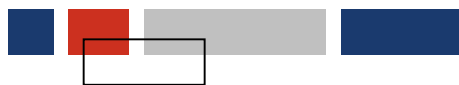
Composição|

Execução

Instituto Nacional de Estatística, I. P.

DEE - Departamento de Estatísticas Económicas

AA - Serviço de Estatísticas da Agricultura e
Ambiente



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