



November 11, 2015

## National Health Survey 2014

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### **More than half of the population over 18 was overweight**

In 2014, more than half (52.8%) of the population aged 18 years or over, was overweight (50.9% a decade ago). The increase in obesity was the most significant and mainly affected women and the population aged between 45 and 74 years old.

The number of people with chronic diseases increased. 1/3 of the population aged 15 or older reported having a low back disorder. Symptoms of depression mainly affect women and retired people.

About 75 % of the population aged 15 or over had consulted a general practitioner or family doctor. The annual visits to a dentist significantly increased in the last decade (from 7.2% to 13.3%).

The percentage of people consuming medicines prescribed by a doctor increased sharply with age, being mentioned by more than 90% of the population over 65 years.

The proportion of smokers (20.0%) remained stable vis-à-vis 2005-2006 (20.9%). Nevertheless there was a decrease of almost 2 percentage points in the number of persons who smoke daily.

Nearly 35 % of the population aged 15 years old and over drank alcohol daily.

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