

International day of Families
15th May

How are the families in Portugal and what economic risks they are facing

Nowadays, there are more families in Portugal, although of a smaller size, due to the increase in the number of one-person families and the reduction in the number of numerous families, in accordance to the Census 2011 data. People living alone are mostly elder people and women, two groups that the Survey on Income and Living Conditions characterises as being particularly affected by the risk of poverty. Households with dependent children, in particular numerous families and single parent families, are also affected by high at-risk of poverty rates and high relative median at-risk-of-poverty gaps.

In 2011, 3.1% of people living in private households and 8.4% of poor people were not able to afford a meal with meat, chicken or fish every second day. About ¼ of people and almost half of those living in households risking poverty have reported they could not afford to keep their home adequately warm.

42% of people aged 25 to 59 years old in 2010 referred having lived in households with a bad or very bad financial situation while teenagers; 55.7% referred having lived in a household with difficulties to make ends meet.
